

Glitterati

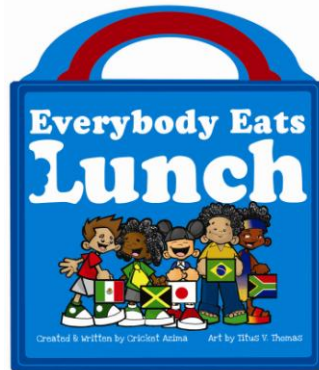
Incorporated

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For Immediate Release

Glitterati Incorporated is pleased to announce the publication of

Everybody Eats Lunch



Created and Written by Cricket Azima

A BACK-TO-SCHOOL FAVORITE!

**Make friends from around the world
and discover their lunchtime cultures and recipes. Prepare delicious
and nutritionally balanced dishes that
you can include in your lunchbox too!**

Everybody Eats Lunch is an exciting interactive children's cookbook that is at once educational and playful, developed and written by children's cooking authority Cricket Azima. It is one part cookbook, one part toy, and one part adventure--with children from around the world!

This lunchbox-shaped and engaging cookbook creatively explores culture and ethnic lunch foods typically eaten by today's children from around the world. Each page is devoted to a different country, featuring colorful removable images of the food to examine and explore; underneath each is the recipe for the international dish featured. Younger children can play with the book and the removable puzzle pieces as shape and size adventure; while older children learn layers of educational content such as social studies, geography, math, nutrition, languages, and telling time—and cooking! *Everybody Eats Lunch* encourages

children to appreciate world culture while reinforcing healthy eating habits in a fun and creative way...and written by the consummate “name” authority working in the field today.

Cricket Azima is a dynamic young professional chef who specializes in cooking for and with children. She is the founder of The Creative Kitchen™, Food Editor for *Kiwi Magazine*, Director of Kids’ Programs for Kidfresh™, and Director of Culinary Curriculum and Recipe Development for Batter Up Kids Culinary Center.

Since 1999, Cricket has been teaching cooking classes to over 1000 children of all ages at various locations in New York City, including schools, Girl Scout groups, the Children’s Museum of Manhattan, Whole Foods Market, and in her private classes. As an instructor, Cricket is one of a kind. She strives to teach more than a recipe or basic cooking technique, with a teaching philosophy that is based on “the educational benefits of cooking.”

The author developed her cooking and teaching philosophy while pursuing her Master’s degree in Food Studies and Food Management at New York University (NYU). She is also a graduate of Boston University and Peter Kump’s New York Culinary School (now, The Institute of Culinary Education), where she also guest lectures.



Everybody Eats Lunch

Created and Written by Cricket Azima Illustrated by Titus Thomas

Published by Glitterati Incorporated

Paper over board hardcover, \$16 ISBN: 978-0-9793384-4-1

With die-cut form in lunchbox shape; lift-the-flaps throughout;
and four removable pieces of food on each double-page spread, which, when removed, displays
recipe underneath

Category: Cookery/children Available Now!

The author is available for media interviews and appearances through the publisher. For more
information, please contact Ms. Jessica Guerrero at
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